

# Winston-Salem State University Well-being Ambassadors Application

Peers United for Leadership, Service and Education

#### **Mission Statement**

The mission of PULSE is to promote healthy lifestyle practices, skills, and knowledge that can be used during our time at Winston-Salem State University and beyond. We strive to exemplify excellence in leadership, education and service both on campus and in the community.

#### Vision

We envision Rams that are:

- Making conscious decisions concerning their health and well-being.
- Aware of the interaction between the environment, community, and self, and behave in ways that care for each of these responsibly.
- Culturally competent and engage in healthy communication between fellow Rams and the community.

### **Programs**

Peer Health Educator programs are used as a space to educate students on various topics while remaining fun, causal, relevant, and interactive. All student programs are free including STI/STD testing and giveaways!

We've focused on areas such as:

- STI Testing
- HIV/AIDS Awareness
- Civility in Relationships
- The Importance of Rest

## **Expectations**

- Attend PHE training
- Coordinate, exeute and attend events and programs
- Maintain a positive attitude
- Maintain 2.5 semester GPA
- Be innovative

Applicant Information	tion							
Last Name			First Date			ate	e	
Street Address	reet Address				Apt/Unit			
City			State Zip					
Phone C			Cell Phone					
Email address:								
Have you ever been convicted of a felony?  Yes  No				f yes please explain:				
How did you hear about our student organization?								
Availability								
Please check semesters of availability:  Fall Spring Summer Other, please explain:								
Please check your general availability	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Morning (approx. 9-1)								
Afternoon (approx. 1-5)								
Evening (approx. 5-9)								
Areas of Interest								
Please indicate which area interests you:								
Mental Health	Healthy Relationships Tobacco Edu Environmental Health							
Nutrition	Sleep Self Care Reproductive Health Physical Health							
LGBTQIA+ Alcohol Education Other:								
Experience/Education and Skills								
Current employment status: Full-time Part-time Not Employed								
Current or most recent paid position held								
Are you currently a full-time student?  Yes No				If yes, please indicate major and concentration:				
Level Sophomore Junior Senior Graduate student				Areas of study:				
Do you speak any other languages?  Yes No				If yes, please list language  Fluent Semi-Fluent Basic				
Computer Skills/Softwar	re Used:							

Personal Information							
Why are you interested in becoming a Peer Health Educator?							
What would you like to gain through this membership?							
Describe your long-term career goals:							
Professional References							
Name	Relationship	Contact Info (e-mail and/or phone number)					
Disclaimer and Signature							
I certify that my answers are true and complete to the best of my knowledge. If this application leads to a <b>PULSE</b> membership, I understand that false or misleading information in my application may result in my release from the organization.							
Signature:			Date:				

**CONTACT:** Dakiah A. Rowe

**Campus Health Educator and PULSE Advisor** 

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