

Personal Emergency Kit

Essentials

- Food
- Water
- Medication
- Flashlight

Electronics

- Phone Charging Cord
- Battery Bank
- Battery-Powered Radio

Special Items

- Infant Supplies
- Pet Supplies
- Important Documents

Health & Wellness

- Face Mask
- First Aid Kit
- Hand/Body Wipes
- Feminine Products
- Hand Sanitizer

Helpful Items

- Extra Clothing & Shoes
- Utensils for Eating
- Blanket
- Rain Poncho & Umbrella
- Garbage Bags

Tips & Tricks for your Emergency Kit:

Personalize It: Consider adding specific items to your emergency supply kit based on your individual needs, like special medication or important contact information.

Add It: Have extra space or supplies? Consider adding extra supplies like a screwdriver or multi-tool, winter gloves, towels, or entertainment or de-stressing items.

Store It: Put your supplies in one or two easy-to-carry containers such as plastic bins or a backpack. Choose what works best for you!

Maintain It: Re-think your needs every year and update your kit as you or your family's needs change.



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More Information
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